Run for 4-H 5K & Children's Fun Run

Kosciusko Fairgrounds, Warsaw

Hosted by the Kosciusko 4-H Council

Date: Saturday, April 13, 2013 **Time:** Fun Run– 9:15 a.m. 5K- 9:30 a.m.
8:30-9:10 a.m. registration

Course: 5K (3.1 miles) course starts in front of Shrine Building at Kosciusko County Fairgrounds and loops through Winona Lake. Course is mostly flat and may be viewed at Extension website.
Race is timed using the NEW ULTRA 8 Timing System.

Children's Fun Run is a ¼ mile race that will take place at 9:15 a.m. Race will be held in a closed lane of the fairgrounds drive. Children will run from starting line to fair entrance and back.

Entry Fees: *Children's Fun Run Registration*- FREE
Individual 5K Pre-Registration -- $12 by April 1, 2013
Individual Regular 5K Registration -- $20 after April 1, 2013
Family Registration -- $40 for up to 4 immediate family members

- Short sleeve race t-shirt guaranteed for pre-registered 5K entrants in attendance at the race only.
- Family 5K entries received by the pre-registration deadline may receive 2 race shirts.
- Race occurs rain or shine. All entries are non-refundable.

Age Groups: ≤9,10-14,15-19,20-24,25-29,30-34,35-39,40-44,45-49,50-54,55-59, 60-64,65-74,75+
Fun Run is open to children Pre-K thru 4th Grade

Awards: Ribbons awarded to top 3 male & female runners in each age group.
Special 4-H-style banners awarded to overall male, female and youth (<14 yrs) runners.
All Fun Run participants will receive a prize.

Refreshments and door prizes available following the race. Door prizes, including a down comforter & tickets to the 4-H Fish Fry on Saturday, April 27, randomly awarded.

For more information, visit *www.runkra.com* or www.ag.purdue.edu/counties/kosciusko/pages/default.aspx

Kosciusko Runners' Association
Your Running Information Source
www.runkra.com

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Kosciusko Fairgrounds -- Warsaw, Indiana

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Course: 5K (3.1 miles) course starts in front of Shrine Building at Kosciusko County Fairgrounds and loops through Winona Lake. Course is mostly flat and may be viewed at Extension website.
Race is timed using the NEW ULTRA 8 Timing System with disposable tags on bibs.

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Refreshments and door prizes available following the race.
Door prizes, including a down comforter and tickets to the 4-H Fish Fry on Saturday, April 27, randomly awarded to participants.

Registration: 8:30 to 9:10 a.m. day of race or pre-register by sending a check & completed registration form to:

Kosciusko Run for 4-H 5K
Purdue University Cooperative Extension Service
202 W. Main Street
Warsaw, IN 46580
(574) 372-2340

Please make checks payable to Kosciusko 4-H Council

For more information, visit *www.runkra.com* or *www.extension.purdue.edu/counties/kosciusko*

Name: _____ **Male** ___ **Female** ___ **Youth** ___ **Age on Race Day:** ___

Address: _____ **City** _____ **State** _____ **ZIP**_____

Phone: _____

Email _____ **Shirt Size** __**S** __ **M** __**L** __**XL** __**XXL (additional $1 fee for XXL)**

Read and Sign Release: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in races, including, but not limited to: falls, contact with other participants, the effect of the weather, including high heat and/or humidity or lightning, the conditions of the road and traffic on the course, all risks being known and appreciated by me. Having read this waiver and knowing the facts and in consideration of your acceptance of my entry in the race, I, for myself and anyone entitled to act on my behalf, waive and release the directors of this race, the Kosciusko 4-H Council, KRA, the town of Winona Lake, the County, all sponsors, their representatives and successors, from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in the waiver. I grant permission to all of the foregoing to any photographs, motion pictures, recording or any other record for legitimate purpose.

_____ _____
Signature of Participant or Guardian (if < 18 years) **Date**

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